

## Revised Adult Dyslexia Checklist

In the top line please supply your name and any other details asked for and answer Yes or No to the numbered questions (ignore the last column):

| NAME:  | Yes | No |  |
|--|-----|----|--|
| 1. Do you find difficulty in telling left from right?  |     |    |  |
| 2. Is map reading, or finding your way to a strange place confusing?   |     |    |  |
| 3. Do you dislike reading aloud?   |     |    |  |
| 4. Do you take longer than you should to read a page of a book?  |     |    |  |
| 5. Do you find it difficult to remember the sense of what you have read?                                       |     |    |  |
| 6. Do you dislike reading long books?  |     |    |  |
| 7. Is your spelling poor?  |     |    |  |
| 8. Is your writing difficult to read?  |     |    |  |
| 9. Do you get confused if you have to speak in public?   |     |    |  |
| 10. Do you find it difficult to take messages on the telephone and pass them on correctly?                     |     |    |  |
| 11. When you have to say a very long word do you find it difficult to get all the sounds into the right order? |     |    |  |
| 12. Do you find it more difficult to do sums in your head without using your fingers or paper?                 |     |    |  |
| 13. When using the telephone, do you get the numbers mixed up when you dial?                                   |     |    |  |
| 14. Do you find it difficult to say in order the months of the year forwards in a fluent manner?               |     |    |  |
| 15. Do you find it difficult to say in order the months of the year backwards?                                 |     |    |  |
| 16. Do you mix up dates and times and miss appointments?   |     |    |  |
| 17. When writing cheques, do you frequently find yourself making mistakes?                                     |     |    |  |
| 18. Do you find forms difficult and confusing?   |     |    |  |
| 19. Do you mix up bus numbers like 95 and 59?  |     |    |  |
| 20. When you were at school, did you find it hard to learn your multiplication tables?                         |     |    |  |

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|---------------------|--|
| For office use only |  |
| Score – column 1:   |  |
| Score – column 3:   |  |